



## **Stripping of the Altar**

*Adapted for a family dining room table*

Stripping the altar (removing all linens and candles) is an ancient custom of the Church. We mark the way Christ's life was stripped from him by stripping the altar of all signs of beauty. This also reminds us that, without the hope we have through Christ's resurrection, our life could feel empty.

1. Remove all items from your dining room or kitchen table (or both) and together wash the table thoroughly.
2. Leave the table bare until Easter morning.
3. Saturday night after everyone is in bed, put fresh linens, flowers, and candles on the table so that when everyone wakes up on Easter morning there will be more than just Easter baskets to celebrate!

